



**Woodlands Family Institute, P.C.**  
1610 Woodstead Ct., Suite 420  
The Woodlands, TX 77380

(281) 363-4220 Fax: (281) 363-4010  
www.wfipc.com

**PERSONAL DATA RECORD**

Client Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

SSN: \_\_\_\_\_ TXDL: \_\_\_\_\_

Employer/School: \_\_\_\_\_

Referred to Our Office by: \_\_\_\_\_

May we send a Thank You card to the person who referred you? (Circle One) Yes No  
May we mention your name in that Thank You card? (Circle One) Yes No

**EMERGENCY CONTACT**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address/Phone: \_\_\_\_\_

**Please indicate below how we may contact you and whether we can leave a message:**

Home Phone May we leave a message (Circle One)? Yes No

Work Phone May we leave a message (Circle One)? Yes No

Cell Phone May we leave a message (Circle One)? Yes No

Unencrypted (normal) email (address): \_\_\_\_\_

If you would like us to use an address other than your home address for billing and other correspondence, please provide an alternative address below.

Other (Specify) \_\_\_\_\_

**You may change the above instructions at any time by requesting another one of these forms or otherwise instructing us in writing.**

## Notice of Policies and Practices to Protect the Privacy of Your Health Information

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

### I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

Woodlands Family Institute (WFI) may *use* or *disclose* your *protected health information (PHI)*, for *treatment, payment, and health care operations* purposes with your *general consent*. To help clarify these terms, here are some definitions:

- “*PHI*” refers to information in your health record that could identify you.
- “*Treatment, Payment and Health Care Operations*”  
*Treatment* is when we provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when I consult with another health care provider, such as your family physician or a colleague.  
*Payment* is when we obtain reimbursement for your healthcare. Examples of payment are when we disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.  
*Health Care Operations* are activities that relate to the performance and operation of my practice. Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- “*Use*” applies only to activities within WFI such as utilizing information that identifies you.
- “*Disclosure*” applies to activities outside of WFI, such as releasing, transferring, or providing access to information about you to other parties.

### II. Uses and Disclosures Requiring Authorization

We may use or disclose PHI for purposes outside of treatment, payment, and health care operations when your appropriate authorization is obtained. An “*authorization*” is written permission above and beyond the general consent that permits only specific disclosures. In those instances when we are asked for information for purposes outside of treatment, payment and health care operations, we will obtain an authorization from you before releasing this information. We will also need to obtain an authorization before releasing your psychotherapy notes. “*Psychotherapy notes*” are notes we have made about our conversation regarding a private, group, joint, or family counseling session. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or psychotherapy notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) we have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, and the law provides the insurer the right to contest the claim under the policy.

### III. Uses and Disclosures with Neither Consent nor Authorization

We may use or disclose PHI without your consent or authorization in the following circumstances:

- **Child Abuse:** If we have cause to believe that a child has been, or may be, abused, neglected, or sexually abused, we must make a report of such within 48 hours to the Texas Department of Protective and Regulatory Services, the Texas Youth Commission, or to any local or state law enforcement agency.
- **Abuse of the Elderly and Disabled:** If we have cause to believe that an elderly or disabled person is in a state of abuse, neglect, or exploitation, we must immediately report such to the Department of Protective and Regulatory Services.
- **Sexual Misconduct by a therapist:** If you report to us any situation that constitutes sexual misconduct by a current or former therapist, then we are required to inform the licensing authority of the offending therapist.
- **Regulatory Oversight:** If a complaint is filed against a therapist with a regulatory authority, they have the authority to subpoena confidential mental health information relevant to that complaint.
- **Judicial or Administrative Proceedings:** If you are involved in a court proceeding and a request is made for information about your diagnosis and treatment and the records thereof, such information is privileged under state law, and we will not release information, without written authorization from you or your personal or legally appointed representative, or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.

- **Serious Threat to Health or Safety:** If we determine that there is a probability of imminent physical injury by you to yourself or others, or there is a probability of immediate mental or emotional injury to you, we may disclose relevant confidential mental health information to medical or law enforcement personnel.
- **Worker's Compensation:** If you file a worker's compensation claim, we may disclose records relating to your diagnosis and treatment to your employer's insurance carrier.

#### **IV. Client's Rights and Our Professional Duties**

##### Client's Rights:

- *Right to Request Restrictions* – You have the right to request restrictions on certain uses and disclosures of protected health information about you. However, we are not required to agree to a restriction you request.
- *Right to Receive Confidential Communications by Alternative Means and at Alternative Locations* – You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeking our services. Upon your request, we will send bills or other correspondence to another address.)
- *Right to Inspect and Copy* – You have the right to inspect or obtain a copy (or both) of PHI and psychotherapy notes in my mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. We may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. On your request, we will discuss with you the details of the request and denial process.
- *Right to Amend* – You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. We may deny your request. On your request, we will discuss with you the details of the amendment process.
- *Right to an Accounting* – You generally have the right to receive an accounting of disclosures of PHI for which you have neither provided consent nor authorization (as described in Section III of this Notice). On your request, we will discuss with you the details of the accounting process.
- *Right to a Paper Copy* – You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically.

##### Our Professional Duties:

- We are required by law to maintain the privacy of PHI and to provide you with a notice of our legal duties and privacy practices with respect to PHI.
- We reserve the right to change the privacy policies and practices described in this notice. Unless we notify you of such changes, however, we are required to abide by the terms currently in effect.
- If we revise our policies and procedures, we will post a current copy in our offices. A current copy will always be available on our web site and you may request a personal copy.

#### **V. Questions and Complaints**

If you have questions about this notice, disagree with a decision we make about access to your records, or have other concerns about your privacy rights, you may contact Mary Piehl, Office Manager, or your therapist at (281) 363-4220.

If you believe that your privacy rights have been violated and wish to file a complaint with our office, you may send your written complaint to Mary Piehl or your therapist at: 1610 Woodstead Ct., Suite 420, The Woodlands, TX 77380.

You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. The person listed above can provide you with the appropriate address upon request.

You have specific rights under the Privacy Rule. We will not retaliate against you for exercising your right to file a complaint.

#### **VI. Effective Date, Restrictions and Changes to Privacy Policy**

This notice will go into effect on 3/28/2005. We reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that we maintain. We will provide you with a revised notice in our lobby and on our web site. You may request a personal copy at any time.

## CONSENT FOR TREATMENT

Client Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

I give full consent for **myself** or my **child/adolescent** to receive outpatient mental health services until I notify WFI of any changes or until it is determined that treatment is no longer necessary. I certify that I have the legal right to seek and authorize treatment for myself or my child/adolescent.

\_\_\_\_\_  
Signature of *Client, Client's Parent or Legal Guardian*

\_\_\_\_\_  
Date

## AUTOMATIC PAYMENT

**If you would like us to automatically charge your credit/debit card for your fee, please provide the information below:**

MC/Visa No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

Name as Listed on Card: \_\_\_\_\_

Signature of Authorized User: \_\_\_\_\_

## FINANCIAL RESPONSIBILITY

Name of person(s) financially responsible for this account: \_\_\_\_\_

Address(es): \_\_\_\_\_

Signature(s): \_\_\_\_\_

Relationship(s) to client: \_\_\_\_\_

## ACKNOWLEDGEMENT

I have been provided a copy of the **Notice of Policies and Practices to Protect the Privacy of Your Health Information** and the **Office Information and Office Policies**. I understand and accept those policies and practices. WFI is hereby granted consent to contact me as specified above, and for the use and disclosure of my health information as described in those policies for Treatment, Payment and Health Care Operations.

\_\_\_\_\_  
Client or Authorized Representative Signature

\_\_\_\_\_  
Date

Refused to Sign

Unable to Sign (Specify Reason) \_\_\_\_\_

\_\_\_\_\_  
Signature of Person Documenting Refusal or Inability to Sign

\_\_\_\_\_  
Date



Connect, Communicate, and Relate

**Lauren Pasqua, Psy.D.**

Email: [dr.pasqua@woodlandsfamilyinstitute.com](mailto:dr.pasqua@woodlandsfamilyinstitute.com) | Phone: 281-560-3648

### Psychological Services

Psychotherapy is not like a medical doctor visit where you are prescribed a pill to make your symptoms go away. Instead, it requires a very active effort on your part. In order for psychotherapy to be most successful, you will have to work on things we talk about both during our sessions and at home.

Psychotherapy can have benefits and risks. Since therapy often involved discussing difficult aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. Therapy often leads to better relationships, solutions to specific problems, and significant reductions in feelings of distress.

By the end of the first few sessions, I will be able to offer you some first impressions of what our work will include if you decide to continue with therapy. You should evaluate this information along with your own opinions of whether you feel comfortable working with me. Therapy involves a large commitment of time, money, and energy, so you should be very careful about the therapist you select. If you have questions about my procedures, we should discuss them whenever they arise. You may terminate your services with me at any time, as long as your account is up-to-date. I would happy to provide other referrals if needed. For any concerns about my services, you can contact the Texas Board of Psychology.

### Professional Fees

Service	Description	Fee
Individual or Family Therapy Session	45 minutes	\$150 or contracted co-pay
Consultation	Review of records, second-opinion, school advocacy	\$150 or contracted co-pay
Psychological Testing	Formal testing for ADHD, autism, diagnostics, learning disabilities, development	Fees dependent on referral questions/needs and are charged per hour at rate of \$150. Minimum usually \$900
Missed session/late cancellation	Sessions missed or cancelled without 24 hr notice. Not covered by insurance	\$150
Returned check	Checks will not be accepted as payment after 2 bounced checks	\$35 per check
Unscheduled phone sessions over 10 minutes	I do not give phone or email sessions. The first 10 minutes of a call are free. You will be billed starting at the 11 <sup>th</sup> minute. Not covered by insurance.	2.50 per minute starting at 11 <sup>th</sup> minute
Attorney, provider, teacher, or other invested 3 <sup>rd</sup> party phone sessions		Prorated fee based on time spent
Letters	i.e. letter to CPS, schools, attorneys. Not covered by insurance	Prorated fee based on time spent

Treatment Summary	Clinical note information, treatment dates and times, discharge plan, treatment plan and recommendations, interventions, prognosis, response to treatment, and change in symptoms	Prorated fee based on time spent
Meetings	i.e. ARDs, CPS meetings, parent conferences, school observations. Not covered by insurance.	Billed at rate of \$150 per hour, portal-to-portal. From my office to location and return to office.
Legal depositions, testimony, or consultation	Time required for travel, preparation, waiting, & expenditures (e.g. copies, parking). Minimum charge for 1 hour.  Deposit for legal appearances	\$450 per hour  \$1500 due 48 hours before appearance
Standby for court	1 day standby for court proceedings- non-refundable and non-transferable fee  Includes 2 hours of testimony; does not include travel expenses	\$1500 (due before date of standby)

### **Legal Testimony**

I do not consider my practice to include expert or forensic testimony in any area. I do not conduct forensic assessments. I can provide only factual information as documented in my clinical notes. In the event that I am required to testify before any court, arbitrator, or other hearing officer, to testify at a deposition, or to present any or all records pertaining to therapy or assessment to a court official, you will be required to pay for all time expended as outlined above. You will also be billed for any acquired expenses for out of town travel (transportation, meals, lodging, etc.).

I required a deposit of \$1500 24 hours prior to the appearance, records, or testimony requested. The balance of charges is to be paid within 7 days of said appearance, presentation, or testimony. The deposit is not transferrable or refundable if your case is dismissed or continued less than 72 hours prior to the scheduled time.

If I am placed on “standby” for court, I cannot schedule appointments for that day. Standby fee is \$1500 and is not transferrable to another day and non-refundable. The fee will cover 2 hours in court, but you will be billed at \$450 per hour for each additional hour in court.

### **Billing and Payments**

You will be expected to pay for each session at the time that it is held, unless we agree otherwise. I require a deposit at the time of psychological testing with payment in full expected by the time the results are presented in the formal report and feedback session. Fees for no-shows and cancellations will be charged to credit card on file.

If your account has not been paid for more than 60 days and arrangements for payment have not been agreed upon, I have the option of using legal means to secure payment. This may involve hiring a collection agency or going through small claims court which will require me to disclose otherwise confidential information. (If such legal action is necessary, its costs will be included in the claim.)

### **Insurance Reimbursement**

If I am a provider for your insurance then I will fill out forms; however **you** (not your insurance company) are ultimately responsible for full payment of my fees. If I am an out-of-network provider, I would be happy to provide you detailed receipts to file for reimbursement.

Although HIPPA protects patient records, insurance companies usually require a clinical diagnosis, dates of service, and type of service. Other companies request treatment plans, detailed reports, or even copies of progress notes. I have no control over the use and distribution of your private health information once it leaves my office.

### **Contacting Me**

Due to my work schedule, I am often not immediately available by telephone. I will make every effort to return your call within 24 hours, with the exception of weekends and holidays. If you are unable to reach me and it is an emergency, contact your family physician or the nearest emergency room and ask for the psychologist or psychiatrist on call.

### **Email**

Email and other forms of electronic communication are not secure or confidential. If you choose to communicate with me via email you are agreeing to accept the limits to confidentiality that are inherent in electronic communications. Please **DO NOT** email to cancel appointments as I do not monitor my email for cancellations. Emails are to be primarily used in scheduling and payment discussions. I primarily check and respond to emails once per day at lunchtime.

### **Confidentiality & Privacy Policy**

The law protects the relationship between a client and a psychologist, and I cannot disclose information about you without your written permission; however, there are a few legal exceptions to this rule. 1) when a client is likely to harm himself/herself or others 2) when there is reasonable suspicion of child or elder abuse 3) when there is a valid court order 4) With your permission, to bill third-party payers (insurance). Please read and sign the provided information about privacy and HIPAA laws.

### **Appointments**

I do not usually call to confirm appointments. Your appointment time has been specifically reserved for you. If you cannot keep a scheduled appointment, please cancel the appointment **at least 24 hours in advance**.

### **Cancellation Policy**

If you do not show up for your scheduled therapy appointment or are over 15 minutes late, and you have not notified me at least **24 hours** in advance, you will be required to pay the full cost of the session. Appointment times are set aside specifically for you and missed appointments reduce my capacity to provide services to other clients, as the number of appointment times are limited, especially during peak hours (e.g. after school).

Please note that insurance companies do not pay for missed sessions; therefore, you will be personally responsible for full payment of fees for that time. If you miss or re-schedule several consecutive appointments, we will need to re-evaluate our therapeutic relationship. This may mean that we can no longer work together or that the current time is not right for you to engage in therapy.

By signing below I acknowledge that I have read and agree to adhere to all the policies described above. I agree to pay for the above outlined services provided at the rates described above.

---

Client's Signature

---

Date

---

## CHILD/ADOLESCENT PSYCHOSOCIAL HISTORY

---

### Identifying Information/Presenting Problem:

Child's Name \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Education (grade): \_\_\_\_\_ Present School: \_\_\_\_\_

Guardian(s): \_\_\_\_\_

Who referred your child for services: \_\_\_\_\_

Primary Reason for Services: \_\_\_\_\_

How long have these problems occurred? (number of weeks, months, years)

\_\_\_\_\_

What happened that makes you seek help at this time? \_\_\_\_\_

\_\_\_\_\_

Problems perceived to be: \_\_\_ very serious \_\_\_ serious \_\_\_ not serious

What changes would you like to see in your child? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in yourself? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in your family? \_\_\_\_\_

\_\_\_\_\_

---

### Developmental History:

*Prenatal:* Child wanted? \_\_\_ Yes \_\_\_ No Planned for? \_\_\_ Yes \_\_\_ No

Normal pregnancy? \_\_\_ Yes \_\_\_ No Was prenatal care received: \_\_\_ Yes \_\_\_ No

Medications, smoking, drugs, or alcohol taken during pregnancy (amount and frequency):

\_\_\_\_\_

Complications during pregnancy: \_\_\_\_\_

If mother ill or upset during pregnancy, please explain: \_\_\_\_\_

Family/Partner reaction to pregnancy: (explain) \_\_\_\_\_

Father's age at birth \_\_\_\_\_ Mother's age at birth \_\_\_\_\_

*Birth:* Length of active labor: \_\_\_\_\_ hrs. \_\_\_ Easy \_\_\_ Difficult

Full term: \_\_\_ Yes \_\_\_ No Number of weeks \_\_\_\_\_

Birth weight: \_\_\_\_\_ lbs. \_\_\_ oz. Birth length: \_\_\_\_\_

Type of delivery: \_\_\_ spontaneous \_\_\_ induced \_\_\_ pitocin augmentation \_\_\_ cesarean

\_\_\_ with instruments \_\_\_ breech

Any complications for mother or infant after birth? Please explain \_\_\_\_\_

\_\_\_\_\_

Number of days in hospital: \_\_\_\_\_ Postpartum blues or depression? \_\_\_\_\_

*Newborn:* Breast or bottle fed? Breast feeding difficulties? \_\_\_\_\_

Any difficulties connecting to baby? \_\_\_\_\_

Infant Temperament: \_\_\_\_\_

Did your child experience any of the following during infancy?	How Long?
Irritability ___ Yes ___ No	_____
Vomiting ___ Yes ___ No	_____
Difficulty breathing ___ Yes ___ No	_____
Difficulty sleeping ___ Yes ___ No	_____
Convulsions/twitching ___ Yes ___ No	_____
Colic ___ Yes ___ No	_____
Normal weight gain ___ Yes ___ No	_____
Inconsolable crying ___ Yes ___ No	_____

At approximately what age did your child do the following activities:

Rolled over: _____	Sat Up: _____
Crawled: _____	First steps: _____
First word: _____	Put 2 words together: _____
Toilet trained: _____	Began daycare/preschool: _____

Where there any delays in development? \_\_\_\_\_

Does your child have any speech difficulties?: \_\_\_\_\_

Motor difficulties (e.g. clumsiness)?: \_\_\_\_\_

Does you child have difficulties with hygiene? \_\_\_\_\_

Please describe any other developmental concerns: \_\_\_\_\_

**Medical History:**

Has your child ever been hospitalized, had a seizure, head injury, surgery, or major illnesses?:

\_\_\_ Yes (Explain below) \_\_\_ No

Age	How Long	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

Has child ever been seen by a medical specialist? \_\_\_ Yes \_\_\_ No

Age	How Long	Reason
_____	_____	_____

**Child Health Information:** Note all health problems the child has had or has now.

___ High fevers	___ Dental problems	___ Pneumonia	___ Weight problems
___ Flu	___ Allergies	___ Encephalitis	___ Skin problems
___ Meningitis	___ Asthma	___ Seizures	___ Headaches
___ Unconsciousness	___ Stomach	___ Concussions	___ Accident-prone
___ Head injury	___ Anemia	___ Fainting	___ Dizziness
___ Sinus	___ Tonsils out	___ Heart	___ Vision
___ Hearing	___ Earaches	___ Infectious diseases	___ Other illnesses (explain)

What medications does your child currently take? (include over-the-counter and supplements)

Name	Dose	Frequency	Reason
_____	_____	_____	_____

\_\_\_\_\_

Has child been to dentist? \_\_\_\_\_ Name pediatrician: \_\_\_\_\_

Date and results of last vision screen: \_\_\_\_\_

Date and results of last hearing screen: \_\_\_\_\_

Describe child's appetite \_\_\_\_\_ Any weight concerns? \_\_\_\_\_

Circle and describe any Feeding Challenges: Pickiness Overeating/Stuffing Gagging

Choking Vomiting \_\_\_\_\_

Describe the child's sleeping patterns: \_\_\_\_\_

(include problems falling asleep, staying asleep, not enough sleep, oversleeping and  
sleepwalking) Bedtime: \_\_\_\_\_

Approximate Number of Hours of Sleep Per Night: \_\_\_\_\_

Is there a history of nightmares or night terrors? \_\_\_\_\_ (Describe):

\_\_\_\_\_

Is there a history of bedwetting? (Describe): \_\_\_\_\_

---

### **Mental Health History:**

Has the child received therapy services or counseling in the past? (circle) Yes No

Current Services: \_\_\_\_\_

Past Services:

Name of provider: \_\_\_\_\_ Dates: \_\_\_\_\_ Type of Service \_\_\_\_\_

Name of provider: \_\_\_\_\_ Dates: \_\_\_\_\_ Type of Service \_\_\_\_\_

Is your child seeing a psychiatrist for medication? Or in the past? (circle) Yes No

Name of Psychiatrist: \_\_\_\_\_ Dates of treatment: \_\_\_\_\_

Medication the Psychiatrist Prescribed: \_\_\_\_\_

Would you allow Dr. Pasqua to consult with (speak to) the Psychiatrist? Yes No

Has your child ever received psychological testing (paper and pencil) in the past? \_\_\_\_\_

Date/s: \_\_\_\_\_ Who conducted the testing? \_\_\_\_\_

Do you have a copy of the report? \_\_\_\_\_

Results of testing: \_\_\_\_\_

List any previous mental health diagnoses: \_\_\_\_\_

Is there a history of self-harm or suicidal thoughts, threats, or attempts? \_\_\_\_\_

Explain: \_\_\_\_\_

**Circle** which mental health services you feel would assist in addressing the child's current

difficulties? Individual Therapy Group Therapy Family Therapy Medication

Management Psychological Testing Hospitalization

Does anyone in the family have similar difficulties that the child? \_\_\_\_\_

(Describe) \_\_\_\_\_

List any mental health medications that family members are taking or have taken in the past (who): \_\_\_\_\_

Has anyone in the family received mental health services?

(Describe): \_\_\_\_\_

---

**Family**

**Mother:** Relationship to child \_\_ natural parent \_\_ relative \_\_ stepparent \_\_ adoptive

Occupation: \_\_\_\_\_ Education: \_\_\_\_\_

Religion: \_\_\_\_\_ Birthplace: \_\_\_\_\_ Age: \_\_\_\_\_

**Father:** Relationship to child- \_\_ natural parent \_\_ relative \_\_ stepparent \_\_ adoptive

Occupation: \_\_\_\_\_ Education: \_\_\_\_\_ Religion: \_\_\_\_\_

\_\_\_\_\_ Birthplace: \_\_\_\_\_ Age: \_\_\_\_\_

**Marital History of Parents:**

Parents:                   \_\_ married                   when \_\_\_\_\_                   age \_\_\_\_\_  
                                  \_\_ separated when \_\_\_\_\_  
                                  \_\_ divorced                   when \_\_\_\_\_  
                                  \_\_ deceased                   M or F \_\_\_\_\_

Stepparents:

                                  \_\_ married                   when \_\_\_\_\_  
                                  \_\_ married                   when \_\_\_\_\_

**Current Members of the Household:**

Name	Age	Relationship	How do they get along
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____

**Siblings or other immediate family members NOT in the home:**

Name	Age	Relationship	How do they get along
1	_____	_____	_____
2	_____	_____	_____

If father is not actively involved, have there been other father figures? (e.g. stepfather, boyfriend, relatives) Explain: \_\_\_\_\_

Describe how everyone typically gets along in your home (please put an X below and explain):

\_\_ Calm, No Conflict \_\_ Distant, not much interaction \_\_ Parent Conflicts \_\_ A lot of Arguing/Conflict \_\_ Very Close \_\_ Conflict Only Regarding Child

Explain: \_\_\_\_\_

Has the child or the family been involved with the Child Protective Services? \_\_\_\_\_  
(Dates): \_\_\_\_\_ (Reason for Involvement): \_\_\_\_\_

**If child is adopted:**

Adoption source: \_\_\_\_\_

Reason and circumstances: \_\_\_\_\_

Age when child first in home: \_\_\_\_\_ Date of legal adoption: \_\_\_\_\_

What has the child been told? \_\_\_\_\_

**Living Arrangements:**

Places

Dates

Number of moves in child's life

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Present Home: \_\_ renting \_\_ own

\_\_\_\_\_

\_\_\_\_\_

\_\_ house \_\_ apartment

\_\_\_\_\_

\_\_\_\_\_

Does the child share a room with anyone else? \_\_ Yes \_\_ No

If yes, with whom? \_\_\_\_\_

Was the child ever placed, boarded, or lived away from the family? \_\_ Yes \_\_ No

Explain: \_\_\_\_\_

What are the major family stresses at the present time, if any? \_\_\_\_\_

What are the sources of family income? \_\_\_\_\_

**Has the child been exposed to any of the following:**

(Please put an X next to all that apply and explain below):

( ) Physical Abuse: \_\_\_\_\_

( ) Emotional or Verbal Abuse: \_\_\_\_\_

( ) Sexual Abuse: \_\_\_\_\_

( ) Domestic or Family Violence: \_\_\_\_\_

( ) Substance Use or Abuse: \_\_\_\_\_

( ) Neglect or Abandonment: \_\_\_\_\_

( ) Separation from Parent: \_\_\_\_\_

Child's reaction to divorce/separation: \_\_\_\_\_

Have any of the following diseases occurred among the child's blood relatives? (parents, siblings, aunts, uncles or grandparents) Check those which apply:

\_\_\_ Allergies

\_\_\_ Deafness

\_\_\_ Muscular Dystrophy

\_\_\_ Anemia

\_\_\_ Diabetes

\_\_\_ Anxiety

Asthma                       Glandular problems                       Autism  
 Bleeding tendency                       Heart diseases                       Mental Retardation  
 Depression                       High blood pressure                       Seizures  
 Cancer                       Kidney disease                       Cerebral Palsy  
 Mental illness                       Alcohol/Drug Problem                       Migraines  
 Suicide                       Learning Problems                       Other (specify):  
 Comments re: Family Health: \_\_\_\_\_  
 \_\_\_\_\_

---

**Education History:**

Does/did your child receive early intervention? Behavioral/Speech/OT/PT  
 Other \_\_\_\_\_ Did your child attend daycare/preschool? \_\_\_\_\_  
 How old was child when began school? \_\_\_\_\_ Where did they attend? \_\_\_\_\_  
 Name of Current School: \_\_\_\_\_ District: \_\_\_\_\_  
 Grades/classes repeated or failed: \_\_\_\_\_ Reason: \_\_\_\_\_  
 Typical Grades: \_\_\_\_\_  
 Circle Classroom Type: Mainstream Class                      Special Education Class  
 Resource Assistance Other: \_\_\_\_\_  
 ARD/IEP Primary Eligibility: MD Mild MD Mod MD Sev MD Prof Autism OHI  
 ARD/IEP Secondary Eligibility: \_\_\_\_\_

Has your child had educational/developmental testing? (If yes, Where, When, What  
 Were results) \_\_\_\_\_  
 \_\_\_\_\_

Please **check** any services child receives or had: \_\_\_ speech therapy \_\_\_ occupational therapy  
 \_\_\_ physical therapy \_\_\_ adaptive PE \_\_\_ tutoring

Number of schools the child has attended & reason for changes?  
 \_\_\_\_\_

Describe any history of learning problems the child has: \_\_\_\_\_  
 \_\_\_\_\_

Any History of Attendance Problems (truancy)? Describe: \_\_\_\_\_

Describe any behavior problems reported by the school: \_\_\_\_\_  
 \_\_\_\_\_

Has the child ever been suspended or expelled? \_\_\_\_\_ Number of suspensions in last two  
 years? \_\_\_\_\_ Reason for suspensions/expulsions? \_\_\_\_\_

Favorite class or classes: \_\_\_\_\_ Least favorite: \_\_\_\_\_

---

---

**Social/Emotional Functioning:**

Describe the child's personality: \_\_\_\_\_

What behaviors are concerning to you? \_\_\_\_\_

How does he/she deal with frustration or anger ? (Mark those that apply and explain):

- No Issues  Physical Aggressiveness  Destruction of Property  Self-Harm  
 Crying/Sadness  Withdrawal  Verbal Aggressiveness

Explain: \_\_\_\_\_

What are your child's strengths?: \_\_\_\_\_

What are your child's weaknesses? \_\_\_\_\_

What is the child afraid of (fears)? \_\_\_\_\_

Are there any concerns about:  Low Self-Esteem  Sadness/Depression  Worry or Nervousness  Crying \_\_\_\_\_

Describe your child's relationships with other children or peers:

Does your child have a Boyfriend/Girlfriend? \_\_\_\_\_

Is your child sexually active? \_\_\_\_\_

How does the child spend his/her free time? \_\_\_\_\_

How do you discipline the child?:  Physical: \_\_\_\_\_  Time Out  Take Away Privileges  
 No Discipline

What event/changes(s) have impacted the child? \_\_\_\_\_

At what age did you first notice any behavioral or emotional issues?

\_\_\_\_\_ What did you do about it at that time? \_\_\_\_\_

---

**Legal & Substance Abuse History:**

Has the child been involved with the court currently or in the past? \_\_\_\_\_

(Date/s): \_\_\_\_\_

(Describe) \_\_\_\_\_

Current Probation?  yes  no

Probation Officer: \_\_\_\_\_ Phone #: \_\_\_\_\_

Has the child ever used or abused drugs or alcohol? (Circle): Yes      No      Not Sure

What Substance(s)? \_\_\_\_\_

(includes nicotine and excessive caffeine use)

Age of First Use? \_\_\_\_\_ Frequency of Use? \_\_\_\_\_

Any Consequences of Substance Use? \_\_\_\_\_

---

Please list any other important background information that was not listed on this questionnaire: \_\_\_\_\_  
\_\_\_\_\_

**FOR OFFICE USE ONLY:**

**Treatment Goals:**

1. Reduce the frequency/intensity of:
2. Increase the frequency/intensity of:
3. Eliminate:

**Treatment Methods and Duration:**

- \_\_\_ Individual sessions weekly
- \_\_\_ Family sessions weekly
- \_\_\_ Group Sessions
- \_\_\_ Formal Assessment
- \_\_\_ Other

**Diagnosis:**

- Axis I \_\_\_\_\_
- Axis II \_\_\_\_\_
- Axis III \_\_\_\_\_
- Axis IV \_\_\_\_\_
- Axis V \_\_\_\_\_

**Recommendations for Adjunctive Treatment/Assessment:**

**Plan Review/Revision:**

---

Dr. Lauren Pasqua

---

Client/Guardian

## Symptom Checklist

Please check all that apply: (Please write any symptoms not listed at the bottom)

- |   |   |
|---|---|
| <input type="checkbox"/> Low Intelligence   | <input type="checkbox"/> Depressed Mood                         |
| <input type="checkbox"/> Learning Problems  | <input type="checkbox"/> Lack of Pleasure in Activities         |
| <input type="checkbox"/> Motor Delays   | <input type="checkbox"/> Weight Loss or Gain                    |
| <input type="checkbox"/> Language Delays  | <input type="checkbox"/> Insomnia or Oversleeping               |
| <input type="checkbox"/> Stuttering   | <input type="checkbox"/> Feeling Restless or Slowed Down        |
| <input type="checkbox"/> Refusing to Speak  | <input type="checkbox"/> Loss of Energy                         |
| <input type="checkbox"/> Bedwetting   | <input type="checkbox"/> Feeling Worthless or Guilty            |
| <input type="checkbox"/> Urinating in Pants   | <input type="checkbox"/> Poor Concentration                     |
| <input type="checkbox"/> Soiling Pants  | <input type="checkbox"/> Thoughts of Death                      |
| <input type="checkbox"/> Smearing Feces   | <input type="checkbox"/> Eating Non-Edible Things               |
| <input type="checkbox"/> Increased Self Esteem  | <input type="checkbox"/> Less Need for Sleep                    |
| <input type="checkbox"/> Repetitive Movements   | <input type="checkbox"/> More Talkative than Usual              |
| <input type="checkbox"/> Poor Social Skills   | <input type="checkbox"/> Racing Thoughts                        |
| <input type="checkbox"/> Lack of Eye Contact  | <input type="checkbox"/> Increased Pleasurable Activities       |
| <input type="checkbox"/> Obsessed with Specific Objects/Topics (e.g. sex, shopping, etc.) | <input type="checkbox"/> Pounding Heart, Increased Heart Rate   |
| <input type="checkbox"/> Inattention  | <input type="checkbox"/> Sweating                               |
| <input type="checkbox"/> Does Not Listen  | <input type="checkbox"/> Shaking or Trembling                   |
| <input type="checkbox"/> Problems with Organization                                       | <input type="checkbox"/> Feeling Like Choking                   |
| <input type="checkbox"/> Loses Things Easily  | <input type="checkbox"/> Chest Pain                             |
| <input type="checkbox"/> Distracted Easily  | <input type="checkbox"/> Nausea and/or Stomachaches             |
| <input type="checkbox"/> Forgetful  | <input type="checkbox"/> Feeling Dizzy, Lightheaded, or Faint   |
| <input type="checkbox"/> Excessive Energy   | <input type="checkbox"/> Feeling Like Going Crazy               |
| <input type="checkbox"/> Blurts Out/ Talks without Thinking                               | <input type="checkbox"/> Fear of Dying                          |
| <input type="checkbox"/> Impulsiveness  | <input type="checkbox"/> Chills or Hot Flashes                  |
| <input type="checkbox"/> Excessive Talking  | <input type="checkbox"/> Fear of Leaving the House              |
| <input type="checkbox"/> Interrupts Others  | <input type="checkbox"/> Bullies/Threatens Others               |
| <input type="checkbox"/> Fear of Social Situations  | <input type="checkbox"/> Recurrent Thoughts or Images           |
| <input type="checkbox"/> Gets into Physical Fights  | <input type="checkbox"/> Constant Worrying or Nervousness       |
| <input type="checkbox"/> Has Harmed Others with a Weapon<br>(knife, gun, bat, bottle)     | <input type="checkbox"/> Repetitive Handwashing, Cleaning, etc. |
| <input type="checkbox"/> Cruel to Animals   | <input type="checkbox"/> Other Repetitive Behaviors             |
| <input type="checkbox"/> Stealing Objects   | <input type="checkbox"/> Damaged Property                       |
| <input type="checkbox"/> Running Away from Home   | <input type="checkbox"/> History of Trauma or Abuse             |
| <input type="checkbox"/> Skipping School  | <input type="checkbox"/> Fear Related to Trauma or Abuse        |
| <input type="checkbox"/> Recurrent Thoughts Related to Trauma                             | <input type="checkbox"/> Avoiding Situations Related to Trauma  |
| <input type="checkbox"/> Loses Temper Easily  | <input type="checkbox"/> Blocking Out Memories of Trauma        |
| <input type="checkbox"/> Arguing  | <input type="checkbox"/> Extreme Startle Response               |
| <input type="checkbox"/> Defies Adults  | <input type="checkbox"/> Sleep Problems and/or Nightmares       |
| <input type="checkbox"/> Annoys Others on Purpose   | <input type="checkbox"/> Will Not Separate From Parents         |
| <input type="checkbox"/> Angry and Resentful  | <input type="checkbox"/> Fear of New Situations                 |
| <input type="checkbox"/> Spiteful or Vindictive   |   |
| <input type="checkbox"/> Afraid of the Dark or Storms                                     |   |
| <input type="checkbox"/> Alcohol Use  |   |
| <input type="checkbox"/> Cocaine Use  |   |
| <input type="checkbox"/> Amphetamine Use  | <input type="checkbox"/> Sexual Problems                        |
| <input type="checkbox"/> Marijuana Use  | <input type="checkbox"/> Gambling                               |
| <input type="checkbox"/> Excessive Use of Caffeine  | <input type="checkbox"/> Identity or Gender Issues              |
| <input type="checkbox"/> Smoking Cigarettes   |   |
| <input type="checkbox"/> Inhalant Use   | <input type="checkbox"/> Making Sick or Vomiting                |
| <input type="checkbox"/> Any Other Use of Substances                                      | <input type="checkbox"/> Binge Eating                           |
| <input type="checkbox"/> Extreme Exercising or Dieting                                    | <input type="checkbox"/> Hearing Voices                         |
| <input type="checkbox"/> Seeing Things That Others Do Not                                 | <input type="checkbox"/> Sleepwalking                           |